

A Day of Lactation Education: Interventions for Breastfeeding Challenges

Tuesday, December 2, 2008 • 7:30 a.m. – 4:30 p.m.
Somerset Inn, Troy, Michigan

Sponsored by:

Department of Nursing Scholarship, Quality and Research and Breastfeeding Support Services, Beaumont Hospital, Royal Oak

Featuring: Karen Kerkhoff Gromada, M.S.N., R.N., IBCLC

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About the Speaker

Karen Kerkhoff Gromada, M.S.N., R.N., IBCLC is the author of *Mothering Multiples: Breastfeeding and Caring for Twins or More*. She has worked in various Perinatal settings, including L&D, OB early discharge homecare, and as a private practice and hospital-based lactation consultant. She served as president of the International Lactation Consultant Association from 1994-1996.

Location: Somerset Inn
Troy, Michigan

Time: 7:30 a.m. – 4:30 p.m.

Objectives

After attending this conference, the participants should be able to:

1. Explain the anatomy and physiology of the infant suck-swallow-breathe (SSB) mechanism.
2. Describe how the process of breastfeeding differs from bottle-feeding.
3. Discuss the role of feeding flow rate as it pertains to the SSB mechanism.
4. Describe the relationship between the development of coordinated SSB and the oral behaviors associated with ineffective breastfeeding in near-term newborns.
5. Develop an infant-outcome-based care plan for transition to effective direct breastfeeding.
6. Discuss the role of alternative feeding methods, including breastfeeding aids and devices, in facilitating the transition to effective breastfeeding while achieving appropriate intake for the near-term infant.
7. Identify perinatal conditions and events that frequently affect initiation of breastfeeding and lactation after a multiple birth.
8. Describe interventions for initiating and maintaining breastfeeding specific to multiple-birth neonates.
9. Identify breastfeeding issues unique to older infant or toddler multiples with discussion of related interventions.

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Program Schedule

7:30 – 8 a.m.	Registration and continental breakfast
8 – 8:05 a.m.	Welcome
8:05 – 9:50 a.m.	Safe and Breastfeeding Compatible Oral Behaviors for the Infant Receiving a Bottle
9:50 – 10:15 a.m.	Morning coffee break
10:15 – 11:30 a.m.	Facilitating Breastfeeding in the Late Preterm Newborn
11:30 a.m. – 12:30 p.m.	Lunch
12:30 – 2:15 p.m.	Supporting the Mother Breastfeeding Twins and Higher-Order Multiples
2:15 – 2:45 p.m.	Afternoon coffee and snacks
2:45 – 4 p.m.	Codependency: An Issue for Health Professionals
4 – 4:30 p.m.	Conclusion and evaluation

Accreditation and Credit Information

6.5 contact hours have been applied for from Beaumont Royal Oak, Department of Nursing Scholarship, Quality, and Research, an approved provider of continuing nursing education by the Michigan Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CERPS applied for from IBLCE.

Participants must attend the entire workshop and complete requirements to receive contact hours.

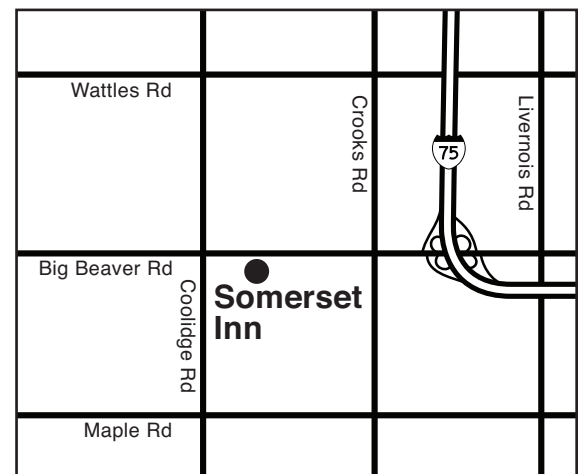
Holidays at Somerset

Book a room at the Somerset Inn for a night (or two), and turn your conference experience into a shopping event for the holidays! Somerset Inn is a boutique-style hotel in Troy with a rich tradition of understated elegance and radiant charm. Staying at the Inn gives you immediate access to the Somerset Collection; a shopping experience like no other in Michigan. Rooms have been reserved at the Somerset Inn at a special rate of \$99 for conference attendees. To make reservations, call the hotel direct at 800.228.8769. Reservations should be made prior to Tuesday, November 18, 2008.

Location

The Somerset Inn is conveniently located just off I-75 on Big Beaver Road at Coolidge in the center of Troy's business district and next to the magnificent Somerset Collection. For more detailed directions call 248.643.7800.

Somerset Inn
2601 West Big Beaver Road
Troy, Michigan 48084
www.somersetinn.com



A Day of Lactation Education: Interventions for Breastfeeding Challenges Registration

Please print legibly.

Name: _____

Credentials: _____

Address: _____

Institution affiliation: _____

Phone: _____

E-mail: _____

Vegetarian entree requested: _____ Special dietary request: _____

Breast pump room requested: _____ Special need: _____

Fees: _____ Early Registration – \$99

_____ After November 24, 2008 – \$119

_____ My check is enclosed (checks payable to Wm. Beaumont Hospital)

_____ Please charge my VISA MC (circle one)

Name on card _____ Card# _____

Exp. date _____ Signature _____

Mail or fax registration to Shirley Wigley

To register:

Fax to: 248.898.9983

Phone: 248.898.0047

Mail to: Beaumont Hospital
Breastfeeding Support Services
3601 W. Thirteen Mile Road
Royal Oak, MI 48073

The deadline for cancellation with full refund is November 24, 2008

For Vendor and Exhibit information contact Joyce Strong at 248.898.0599 or email jjstrong@BeaumontHospitals.com

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